

## MISSION STATEMENT

### Our mission is to:

- Create safe communities by utilizing an integrated system of care for youth and their families
- Implement best practices to build a cohesive therapeutic environment that reduces juvenile incarceration, recidivism, and substance use
- Empower juveniles and promote accountability by strengthening families and communities



### A Coordinated Effort By :

- Cobb County Juvenile Court
- Cobb Department of Juvenile Justice
- Douglas County Juvenile Court
- Douglas Department of Juvenile Justice
- Cobb County Community Services Board
- Douglas County Community Services Board



Providing Mental Health, Mental Retardation  
and Substance Abuse Services

**Program Director**  
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**Believe in Y.O.U.T.H.**



(Youth Offenders Utilizing Transitional Services for a Healthy Recovery)

## Believe in Y.O.U.T.H. Re-entry Initiative



A Program of:

**Cobb County Community Services Board**

**&**

**Douglas County Community Services  
Board**

[www.cobbcsb.com](http://www.cobbcsb.com)

[www.biycobb.org](http://www.biycobb.org)

## PROGRAM ELIGIBILITY

- 12-18 years of age
- Must have been released from incarceration during the past 90 days or scheduled to be released soon
- Must have substance abuse history or current substance use
- Must reside in Cobb or Douglas counties, GA



## SERVICES PROVIDED

This Program addresses the needs of sentenced substance-abusing juveniles who are returning to their families and communities from incarceration in jails or juvenile detention centers through assessment, transition planning, systems coordination, treatment, and follow-up.

### Levels of Care

**Outpatient** is a 3-month program component that includes:

- Individual Counseling
- Family Education
- Drug Education
- Anger Management
- Stress Management
- Relapse Prevention/Working Recovery
- Decision Making/Life Skills Training
- Leisure Education
- Self-Esteem/Awareness Groups
- Coping Strategies Training

**Community Support/Assertive Continuing Care Model** is a case management model that emphasizes working with youth and their families in the home as well as other community settings. This modality will be used as a step-down treatment for youth who have finished the Outpatient Component or as an initial treatment approach for youth with low level substance abuse symptoms.



## Cobb Mentoring Program

The Believe in Y.O.U.T.H. Mentoring Program operates in Cobb County only and helps to empower youth to make positive life choices that enable them to maximize their potential. The mentoring program uses adult volunteers to commit to supporting, guiding, and being a friend to ex-youth offenders for a period of at least six months.

### CONTACT FOR REFERRAL IN

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