

TEAM Clubhouse

Clinical Services

- Assessments
- Referrals
- Intensive, after care, and early intervention groups
- Case Management (CM)

Eligibility

- Must have a primary substance abuse diagnosis at a mild or moderate level
- May have mild co-occurring mental health disorders: those with more severe mental health disorders can be referred to services better suited for the needs of the adolescent.

Transportation

- Available for residents of Cobb and Douglas counties

Hours of Operation

- Monday & Wednesday: 4:30-7:30 p.m.
- Tuesday: 4:30-6:30 p.m.
- Thursday: 4:30-7:15 p.m.
- Friday: 4:30 p.m.-varies based on activity
- Saturday & Sunday: based on monthly schedule



To make a referral to the TEAM Clubhouse, call Bert Martin, Program Manager

(678) 480-5273

For other CCCSB services call The Access Center at

(770) 422-0202

The CCCSB Access Center connects the residents of Cobb and surrounding counties to appropriate behavioral health and intellectual/developmental disabilities (I/DD) services. It operates five (5) days a week, 7 a.m.-5 p.m. and is the first step to receiving services for mental health, substance use disorders, and I/DD.

RECOVERY STARTS HERE.

If you are in need of immediate assistance please contact the Georgia Crisis and Access Line (GCAL)

1-800-715-4225



Cobb County Community Services Board

Provider of Mental Health, Addictive Disease, and Developmental Disability Services

Recovery is Possible!



TEAM Clubhouse

Adolescent Recovery Services

The TEAM (Together Everyone Achieves More) Clubhouse is an exciting place for youth to learn early recovery skills, alternative decision making and coping skills in an effort to prevent the continued use of psychoactive substances.

TEAM Clubhouse of the
Cobb County Community Services Board
5905 Stewart Parkway
Douglasville, Georgia 30135
Phone: (770) 949-8082 ext. 1351
Fax: (770) 739-7190

www.cobbcsb.com



TEAM Clubhouse is a place where adolescents (ages 13-17) and their families can come to feel at home and participate in life-mending activities.

We provide adolescents a pivotal opportunity to overcome past challenges while forming new life goals to support long-term recovery. Ultimately, we teach youth to celebrate recovery through life's journey while creating a roadmap for reaching desired life goals. Some benefits of TEAM Clubhouse include **empowerment, companionship, and maintaining one's balance in life.**

Clubhouse Components

Social Component

Structured therapeutic recreational activities (Skyzone, Andretti, paintball, Sparkles, camping, etc.), life skills, computer lab & resource room, themed weekly events, community service events

Educational Support Services

GED/college preparation material, tutoring and homework assistance, literary/book club

Employment Services

Youth-customized employment program

Peer & Family Support Services

Positive peer mentoring, parent psycho-educational groups, family night

Aftercare & Relapse Prevention Services

Weekly aftercare/Relapse prevention groups

Evidence-based models are used to help adolescents master the daily struggle of overcoming substance use disorder. Groups offered are:

Group A (Intensive): This is TEAM Clubhouse's most intensive substance use disorder group. Adolescents in this group have demonstrated difficulty abstaining from substances for long periods of time and need assistance in making conscious decisions to stop using alcohol/drugs, building coping skills, and identifying triggers of drug use. Adolescents are randomly drug screened each week.

Group B (S/A Education): This group further develops positive coping skills, short/long term goal setting and exploring the root cause of the adolescent's drug use and curiosity. Random drug screening occurs each week.

Group AB (Aftercare): Considered a maintenance and relapse prevention group, this is the final step in TEAM Clubhouse program. Adolescents reach this group after successfully completing Group A, completing 12 consecutive weeks of negative drug screens, and two family night attendances.

This group is designed as a check-in to help hold the adolescent accountable for his/her actions and gives him/her an opportunity to utilize the group when having difficulty navigating life challenges and the recovery process.

The Activity Corner

We present adolescents with stimulating activities, such as video games, air hockey, pool table, exercise equipment, board games and more to develop a healthy interest in activities other than substance use.



Resource Room & Education Lab

These resources are designed to emphasize and assist the participants in making educational gains through planning and one-on-one assistance. Participants may complete their homework, receive tutoring, learn resume building skills and other educational activities.

Movies and educational DVD's are available for weekends and movie nights.



TEAM Clubhouse
at
Cobb County Community Services Board
Believe **RECOVERY IS POSSIBLE!**

