





**COBB COUNTY COMMUNITY SERVICES BOARD
DOUGLAS COUNTY COMMUNITY SERVICES BOARD**

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Policy # 8092	Therapeutic Diet Instruction
Origination Date: April, 1998	
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Approved:	
 Bryan G. Stephens Interim Executive Director	 Jamie Allison, Chief Quality Officer

POLICY:

It is the policy of the Cobb County Community Services Board and the Douglas County Community Services Board that upon physician order, consultation with a Registered Dietitian is arranged through the Cobb County and Douglas County Public Health Department or with a private Registered Dietitian of the client's choice. Basic nutritional education may be provided to the client and responsible staff by a registered nurse or physician.

PROCEDURE:

1. Upon a MD/APRN/PA order, a Consultation Request for a Registered Dietitian is completed by the physician, nurse or clinician. The Consultation Request will specify desired services of assessment and/or teaching of appropriate dietary changes, therapeutic diet prescription, therapeutic diet principles, food preparation, menu planning or food shopping skills.
2. The dietitian documents all assessment findings, teaching and the client's response on the Consultation Request form.
3. Medical or nursing staff may provide basic education for dietary modifications as indicated by client need.
4. Education about specific client's dietary needs, rationale for diet, specific food allowed and food preparation guidelines may be arranged for staff involved with the client with a Public Health Department dietician as needed. Consultation may also be sought for assistance in developing menus and precautions for a client with food allergies.