




**COBB COUNTY COMMUNITY SERVICES BOARD
DOUGLAS COUNTY COMMUNITY SERVICES BOARD**

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| Policy # 8093 | Therapeutic Diets and Food Allergies |
| Origination Date: April 1998 | |
| Revision Date: January 2004; March 27, 2006; June 14, 2007; February 4, 2009, August 6, 2010, December 25, 2015 | |
| Reviewed Date: April 2005, October 3, 2012, May 1, 2013, December 16, 2016 | |
| Approved:  Bryan G. Stephens, Interim Executive Director | |

POLICY:

It is the policy of the Cobb County Community Services Board and the Douglas County Community Services Board that food choices consistent with prescribed therapeutic diets will be available and offered at each meal on an individual client basis.

PROCEDURE:

1. Documentation of therapeutic diet needs may be found in the Screening Assessment, Admission Assessment, Nursing Assessment, Physician Assessment, Physical Exam, and /or Plan of Care. Nursing Staff are responsible for reviewing the clinical record for any therapeutic diet needs and orders. For any client who requires a therapeutic diet, a medical order must be written/received. Staff may modify diet consistency as needed, but must ensure that this is communicated to the physician within a reasonable time frame.
2. For clients with reported food allergies, that information will be recorded on the Therapeutic Diet List.
3. The client name and therapeutic diet required will be recorded and posted in the kitchen on the Therapeutic Diet List (Attachment A) and forwarded to the dietary staff, if applicable. It is the responsibility of the assigned staff to check the list prior to preparation and serving of each meal.
4. Therapeutic diet list will be posted in the kitchen of the food service areas located at 729 Lawrence St (Hartmann Center) and 1758 County Services Parkway (Behavioral Health Crisis Center).
5. At the BHCC and Hartmann Center, nursing staff will notify Dietary Services of each client requiring a therapeutic diet. The responsible food service manager or designee may interview the client to determine specific dietary needs if ordered by physician.
6. Clients on therapeutic diets shall be closely monitored with observations documented in the clinical record and reported to the physician and nursing staff.
7. Instructions for therapeutic diet may be provided by a Registered Dietitian if a consultation is ordered.

