
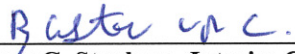




COBB COUNTY COMMUNITY SERVICES BOARD
DOUGLAS COUNTY COMMUNITY SERVICES BOARD

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Policy # 9008	Inhalant Medication Administration
Origination Date: February 1998	
Revision Date: June 2004; March 27, 2006, January 20, 2009	
Reviewed Date: February 2005; July 20, 2007; May 18, 2010, October 2, 2012, May 8, 2013, July 25, 2016	
Approved:	
 Althea Whitley, RN, Director of Nursing	 Bryan G. Stephens, Interim CEO

PURPOSE:

It is to ensure that inhaler medication is administered correctly in order to achieve maximum therapeutic benefit.

PROCEDURE:

1. Instruct client to place lips gently and securely around base of inhaler, inhale and exhale, then, on next inhalation, push the inhaler into the base, creating a puff. Hold breath for 10 seconds then exhale gently. Wait one full minute between each inhalation if more than one puff is ordered. Repeat as needed for the ordered number of puffs. Instruct client to stand or sit quietly for several minutes following administration of inhaler medication. If the client is unable to follow these instructions, spacer may be requested from the physician.
2. Record medication administration on the client's Medication Administration Record or Medication Record.
3. Clean inhaler between uses with anti-bacterial soap and water. Thoroughly dry with paper towel and store in a plastic bag to assure cleanliness. Store with internal medications.