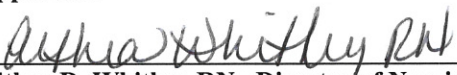
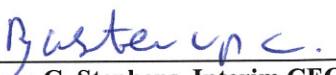




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Policy # 9012	Nasal Spray Administration
Origination Date: February 1998	
Revision Date: June 2004; March 27, 2006; January 28, 2009, July 26, 2016	
Reviewed Date: February 2005; July 20, 2007; May 18, 2010, October 2, 2012, May 8, 2013	
Approved:	
 Althea D. Whitley, RN, Director of Nursing	 Bryan G. Stephens, Interim CEO

PROCEDURE:

To ensure that when a nasal spray medication is ordered, the licensed staff or client administers the medication properly to ensure that the medication is used in a safe and effective manner, promoting optimal action and results.

PROCEDURE:

1. Explain the procedure to the client.
2. Gather equipment: gloves, tissues, and medication.
3. Encourage client to gently blow nose to clear nasal passages.
4. Wash hands and wear gloves.
5. Check directions carefully to determine proper method of use.
6. For children - May be lying on back or sitting up with head tilted back or squeeze the prescribed # of times.
7. Insert the tip of the spray bottle into one nostril; spray gently while client inhales and holds opposite nostril closed with his/her index finger. Then, insert the bottle into the other nostril and spray gently while client inhales and holds opposite nostril closed with his/her index finger.
8. Remove gloves, wash hands.
9. Document on medication record.
10. Observe client for any immediate medication side effect or reaction.